



### The Forty-two Commandments of Maat

**Maat was one of the most important goddesses. She was the personification of Justice and Truth, and her**

**symbols were the “scale**

**” and above all the “feather**

**”, that she wore on her head.**

**Maat symbolizes the Cosmic Order as opposed to sterile Chaos. Scribes devoted to her had drawn up a complex series of prescriptions that had to be followed for a better society. Later, the Jews copied many of these rules, which acquired a more radical nature in Moses’ Ten Commandments**

**. Conversely, in Egypt, these rules had no punishing function at all, but were deemed necessary for a better life and higher respect of others.**

**Here is the whole list:**

- 1. Thou shalt not kill, nor bid anyone kill.**
- 2. Thou shalt not betray the person you love or your spouse**
- 3. Thou shalt not burn with rage.**

## **Law of Maat**

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- 4. Thou shalt not cause terror.**
- 5. Thou shalt not assault anyone nor cause anyone pain.**
- 6. Thou shalt not exploit nor enslave anyone.**
- 7. Thou shalt not do any harm to man or to animals.**
- 8. Thou shalt not cause the shedding of tears.**
- 9. Thou shalt respect thy neighbour.**
- 10. Thou shalt not steal that which does not belong to you.**
- 11. Thou shalt not take more than thy fair share of food.**
- 12. Thou shalt not damage nature.**
- 13. Thou shalt not deprive anyone of what they love.**
- 14. Thou shalt not bear false witness.**
- 15. Thou shalt not lie, nor speak falsely to the hurt of another.**
- 16. Thou shalt not force your ideas on others.**
  
- 17. Thou shalt not act deceitfully to the hurt of another.**
- 18. Thou shalt not speak scornfully against others.**
- 19. Thou shalt not eavesdrop.**
- 20. Thou shalt not ignore the truth or words of righteousness.**
- 21. Thou shalt not judge anyone hastily or harshly.**

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- 22. Thou shalt not disrespect sacred places.**
- 23. Thou shalt respect and help those who suffer.**
- 24. Thou shalt not be angry without good reason.**
- 25. Thou shalt not hinder the flow of running water.**
- 26. Thou shalt not waste the running water.**
- 27. Thou shalt not pollute the land.**
- 28. Thou shalt not take Neteru's name in vain.**
- 29. Thou shalt not despise other people's beliefs.**
- 30. Thou shalt not take advantage of other people's beliefs to do evil.**
- 31. Thou shalt not prey the Gods too much nor less than what is due.**
- 32. Thou shalt not covet thy neighbor's goods.**
- 33. Thou shalt not disrespect the dead.**
- 34. Thou shalt observe the appointed holy days even if you are not a believer.**
- 35. Thou shalt not hold back the offerings due to God.**
- 36. Thou shalt not interfere with sacred rites, even if you do not like them.**
- 37. Thou shalt not slaughter any animals without a serious reason.**
- 38. Thou shalt not act with insolence.**
- 39. Thou shalt not act with arrogance.**
- 40. Thou shalt not magnify your condition beyond what is appropriate.**
- 41. Thou shalt comply with these principles.**
- 42. Thou shalt obey the law provided it is not against these principles.**

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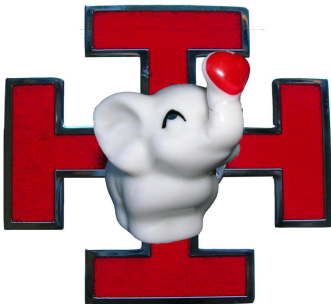
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**Note: See the specific Chapter dedicated to Egyptian [esotericism](#) and this ceremony in SOS COLLEMAGGIO Web Site.**

## Heart to Heart

*A man cannot change the world  
but he can spread a  
message that can change the world*



*Alla ricerca  
dell' Elefante Bianco*

**SOS COLLEMAGGIO**

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